

Does Recovery Stop at the Hospital Door?

Data collected by MHO at the 45 day follow-up allows for measuring if improvement made during the inpatient stay is maintained, reduced, or further improved.

How Are Patients Doing After Discharge?

At 45 days post discharge, the average adult inpatient maintains improvement made on the BASIS-32* during their treatment.

More patients report large improvement at follow-up versus discharge.

AVERAGE BASIS-32* SCORES →



ADMISSION
1.96



DISCHARGE
.66



FOLLOW-UP
.52

What's Different about Patients that Continue to Improve?

Following the Discharge Plan Leads to Better Outcomes at Follow-Up!

Those who completely followed their plan continued to improve, while those who mostly or moderately followed it maintained their improvement, and those who followed it a little or not at all declined.

BASIS-32* →
(45 Day Follow-Up)



59%

Only 59% of patients reported following their discharge plan completely.

NOW WHAT?

Establishing buy-in from patients and families is critical. Talk to them about:

- 1 The Need to Monitor Their Improvement
- 2 Factors Associated with Maintained and Continued Improvement
- 3 How the Follow-Up Process Works and What They Can Expect

Follow-up matters. It allows programs to monitor how patients are doing after discharge and identify key drivers that influence recovery post discharge. It allows programs to communicate their quality to patients, community stakeholders, referral sources, accrediting organizations, and payers.

Once you've got buy-in, be sure the Aftercare Consent Form has both a signature and phone number. If either are missing, MHO cannot attempt to follow-up with the patient.

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*The BASIS-32 is a patient self-report assessment of functioning and is scored on a scale of 0 to 4 where higher scores indicate greater severity.