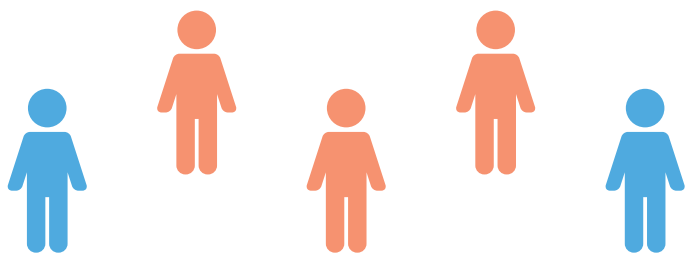


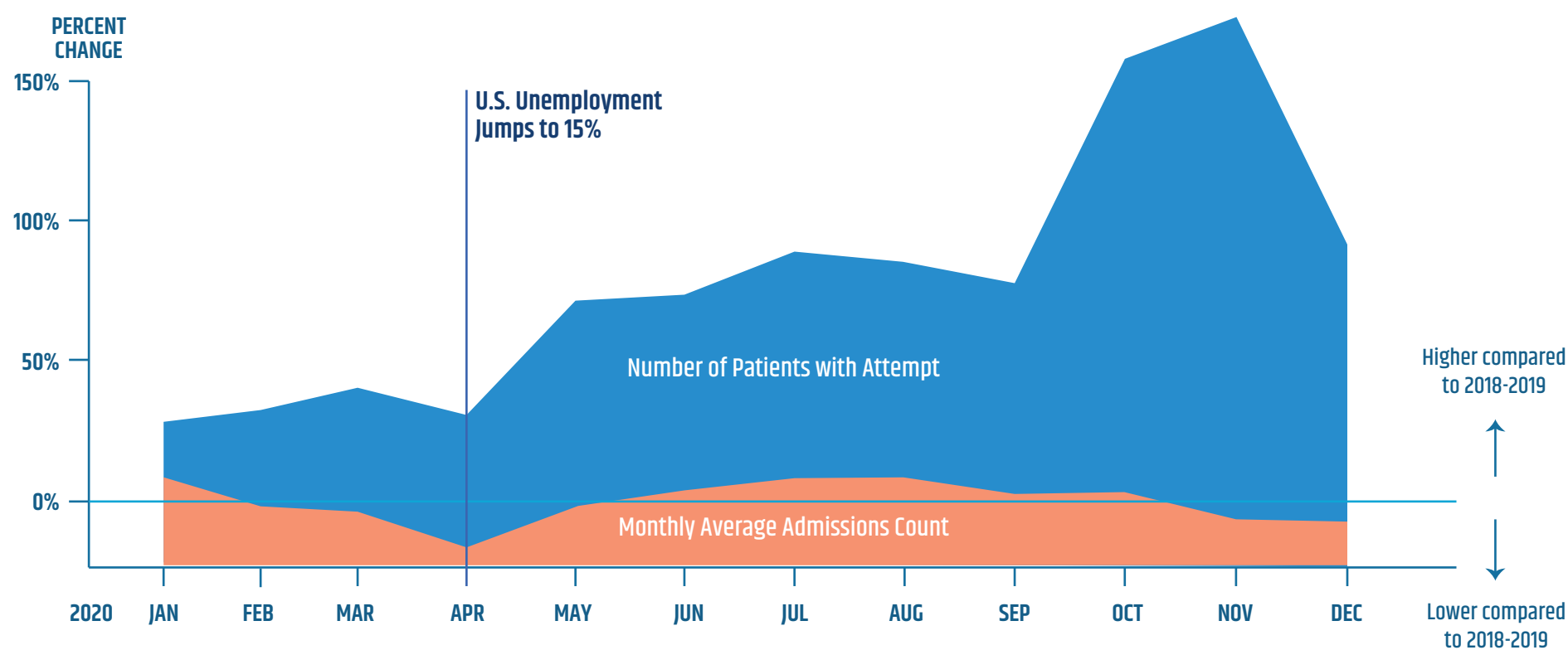
BREAKING POINT: SUICIDALITY IN 2020

What impact did 2020's stressors have on adult inpatient suicidality?

In both 2019 & 2020, **3 in 5** adult inpatients were diagnosed with suicidal ideation...



...but we saw up to a 150% increase in number of adults who have attempted suicide, even with fewer overall admissions in 2020.



Will 2021 reverse the tide?

Historically, economic downturns alone have impacted suicidality*, so 2020's additional and continued stressors may impact patients for some time to come.

Increased awareness around each patient's situation and compassion for ongoing hardships will be required as patients seek help moving forward.

Remember also to engage in self-care to help **you** face the more difficult and demanding times as a healthcare provider!

National Suicide Prevention Lifeline
800-273-8255

*Reeves et. al. (2014) - Economic suicides in the Great Recession in Europe and North America - British Journal of Psychiatry