

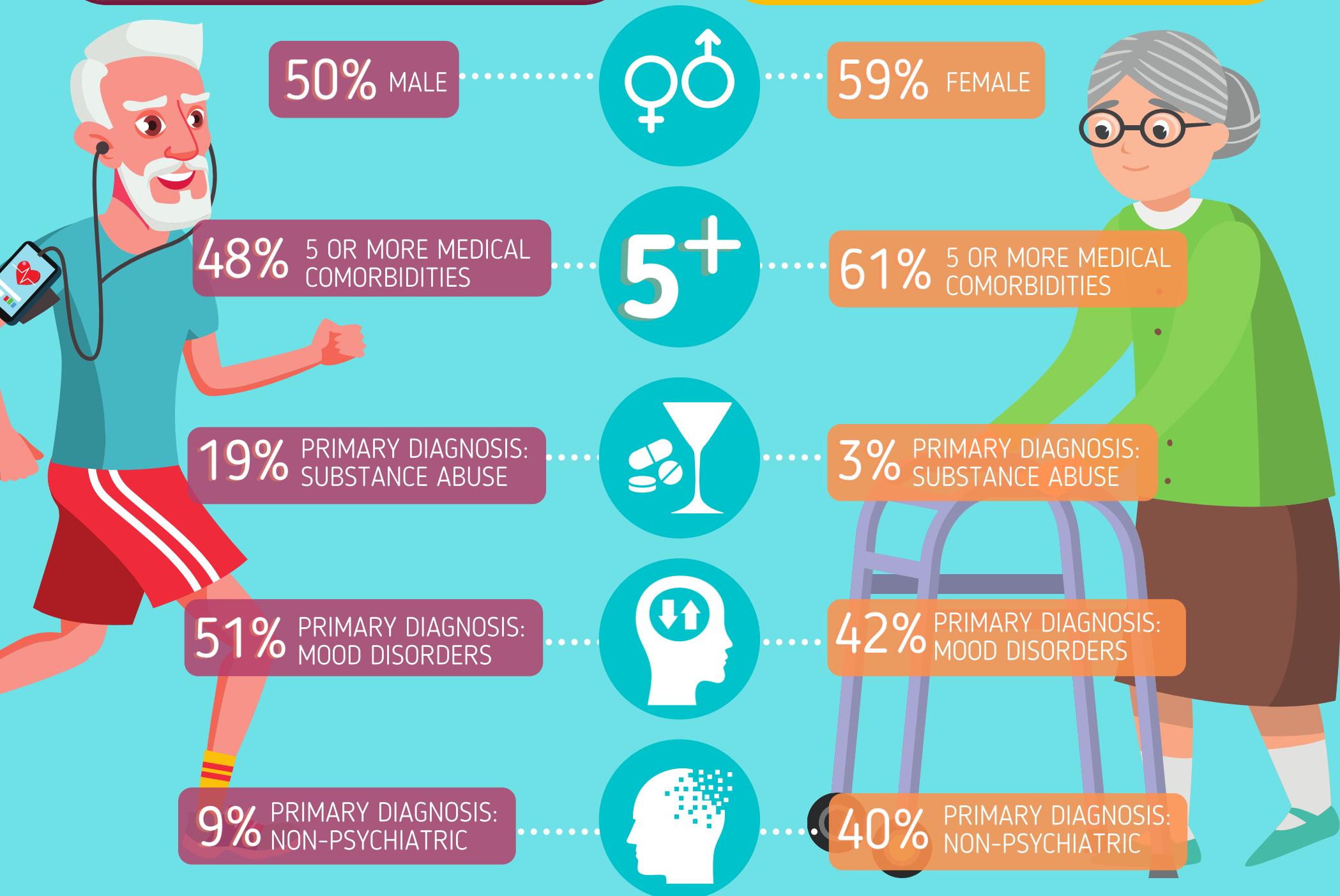
# THE DICHOTOMY OF MENTAL HEALTH NEEDS IN OLDER AMERICANS



Behavioral health programming for older adults is geared toward addressing the unique and complex needs of seniors, but is this a “one size fits all” population?

## "Younger" Older Adults 65 -74

## "Older" Older Adults 75 +



From patient characteristics and primary diagnosis to gaps in admission severity, "younger" and "older" adults have different needs at admission.

"Older adult" might describe a population, but it doesn't describe all patient needs and experiences the same.

Consider treatment needs as they interact with stage-of-life challenges and physical health.

\*General Dysfunction: BASIS-32™; Cognitive Functioning: Mini Mental State Exam; Depression: Patient Health Questionnaire; Behavioral Problems: Psychogeriatric Dependency Rating Scale