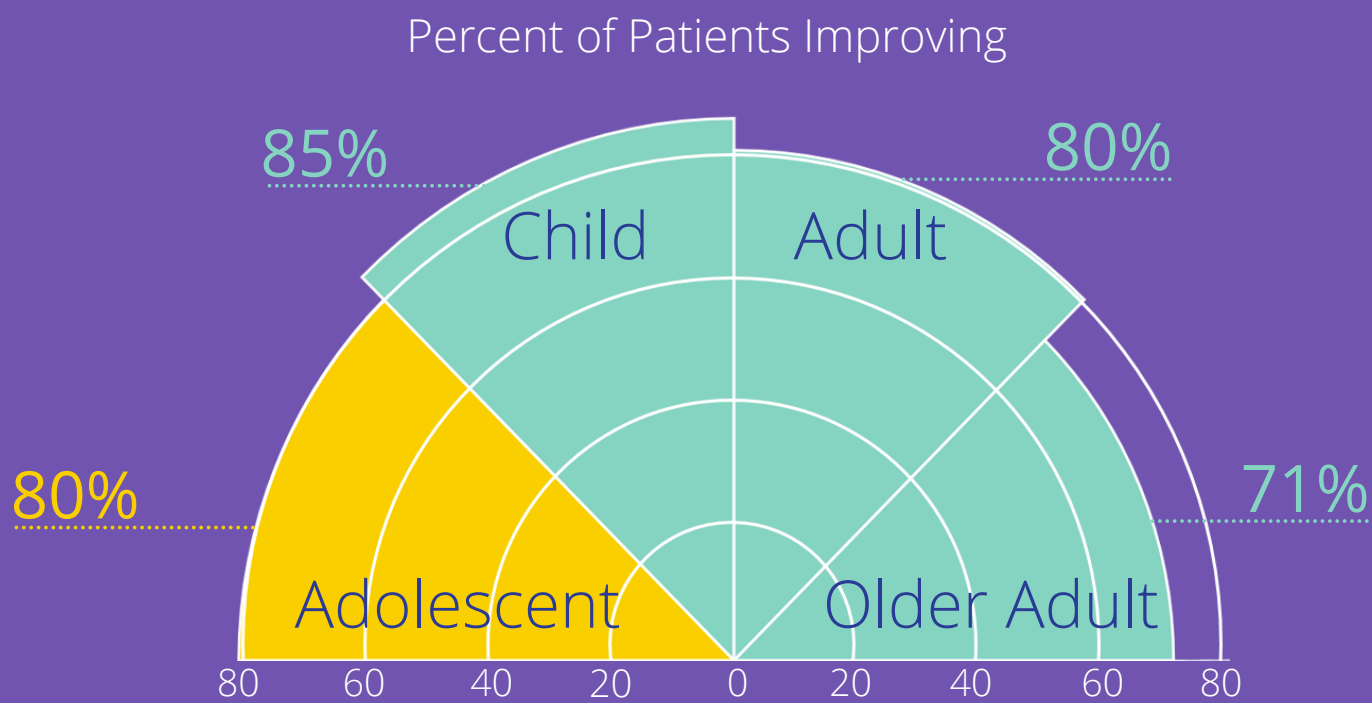


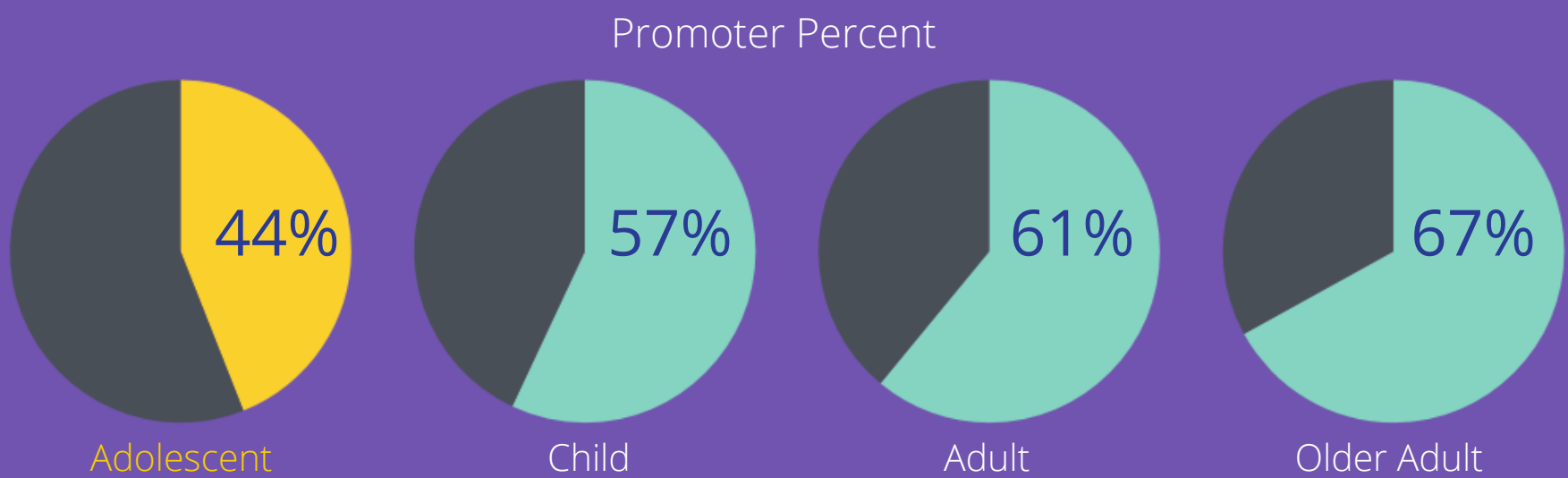
Mixed Signals in Adolescents



During treatment, adolescents improve at rates similar to other ages.



Despite evidence of treatment benefit, adolescents are much less satisfied and less likely to be in the Promoter category of the Net Promoter Score.

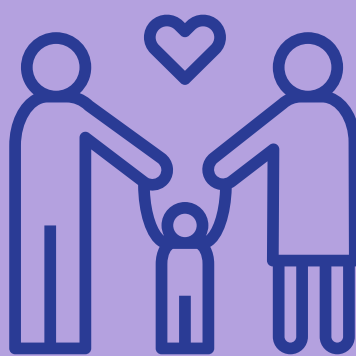


Developmentally, teens are working toward increased independence and may feel no authority over their own treatment.

Literature suggests patient and family buy-in is related to adolescent treatment satisfaction. Tips to establish buy-in:



Include patient input and feedback throughout treatment, starting with the admission process



Enhance cooperation and collaboration by involving the family system in treatment



Personalize treatment and ensure discharge feels meaningful through tracking patient symptom severity and outcomes