

SHINING A LIGHT ON EATING DISORDERS

1 IN 4 with Eating Disorder (ED) attempt suicide

1 IN 10 of the US population will be diagnosed in their lifetime

Primarily Female 9 in 10

Younger 21 years on average

Any Weight Only 6% underweight

Certain Men More Likely Gay/Bisexual 12x Higher than Heterosexual

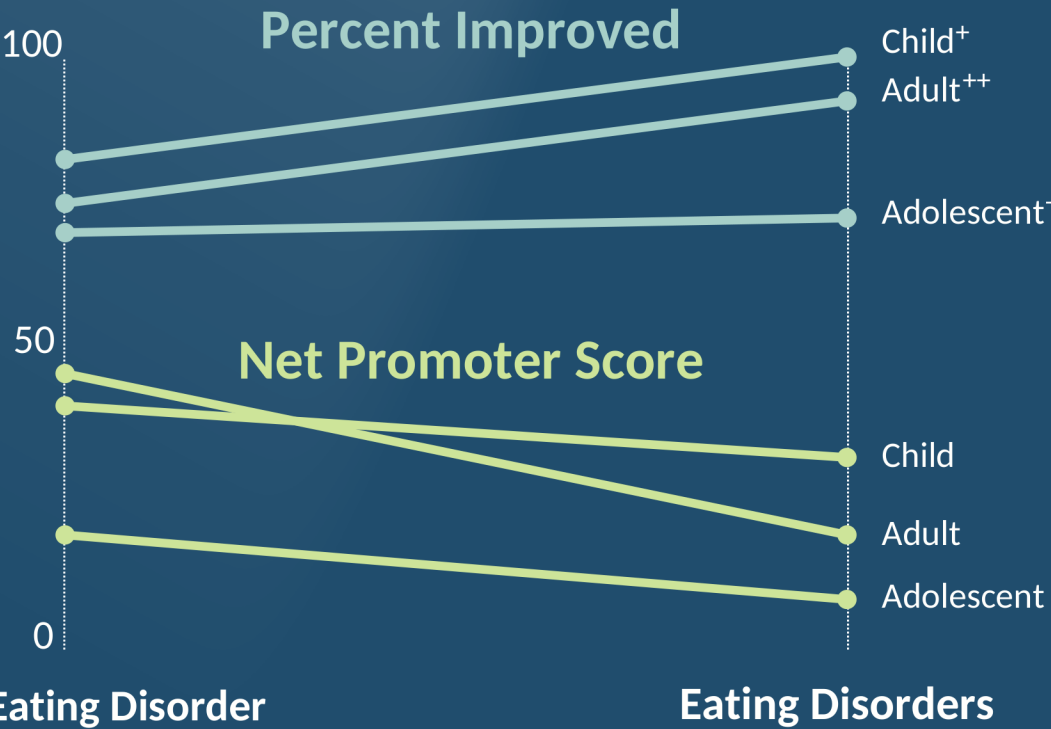
Both Eating Behaviors Restrictive or Binge

Associated with Mood Disorders

1 in 50 Mood Disorder patients have a secondary ED diagnosis
Only 1 in 10 ED patients have an ED primary diagnosis
9 in 10 ED patients also have a Mood Disorder

ED patients improve just as much or even more than other patients on clinical outcomes but are **less satisfied with their care.**

* <https://anad.org/eating-disorders-statistics/>
+CABA-Y: The Child and Adolescent Behavior Assessment-Youth (CABA-Y) is a self-report structured questionnaire developed to assess problem behaviors during the past week.
++*BASIS-32 : The Behavior and Symptom Identification Scale is a self-report measure of a patient's functioning. BASIS-32 © McLean Hospital, Used by licensee with permission from McLean Hospital.



Eating disorders can be dangerous, particularly if overlooked.

- Educate staff about disordered eating behaviors, especially population differences
- Screen patients for disordered eating
- Encourage recovery during and after acute treatment