

# Stepping Down

## The Path of Improvement Leads to Sustainability

Each treatment path starts with similar severity.



Inpatient Admission Severity\*  
1.86 - 1.95

The first step to Outpatient is uphill.

First Outpatient Step Admission Severity\*  
0.85 - 0.92

Inpatient Discharge Severity\*  
0.61 - 0.64

Final Outpatient Step Discharge Severity\*  
0.56 - 0.61

Each treatment path leaves Inpatient with similar severity.

Each treatment path ends with similar severity.

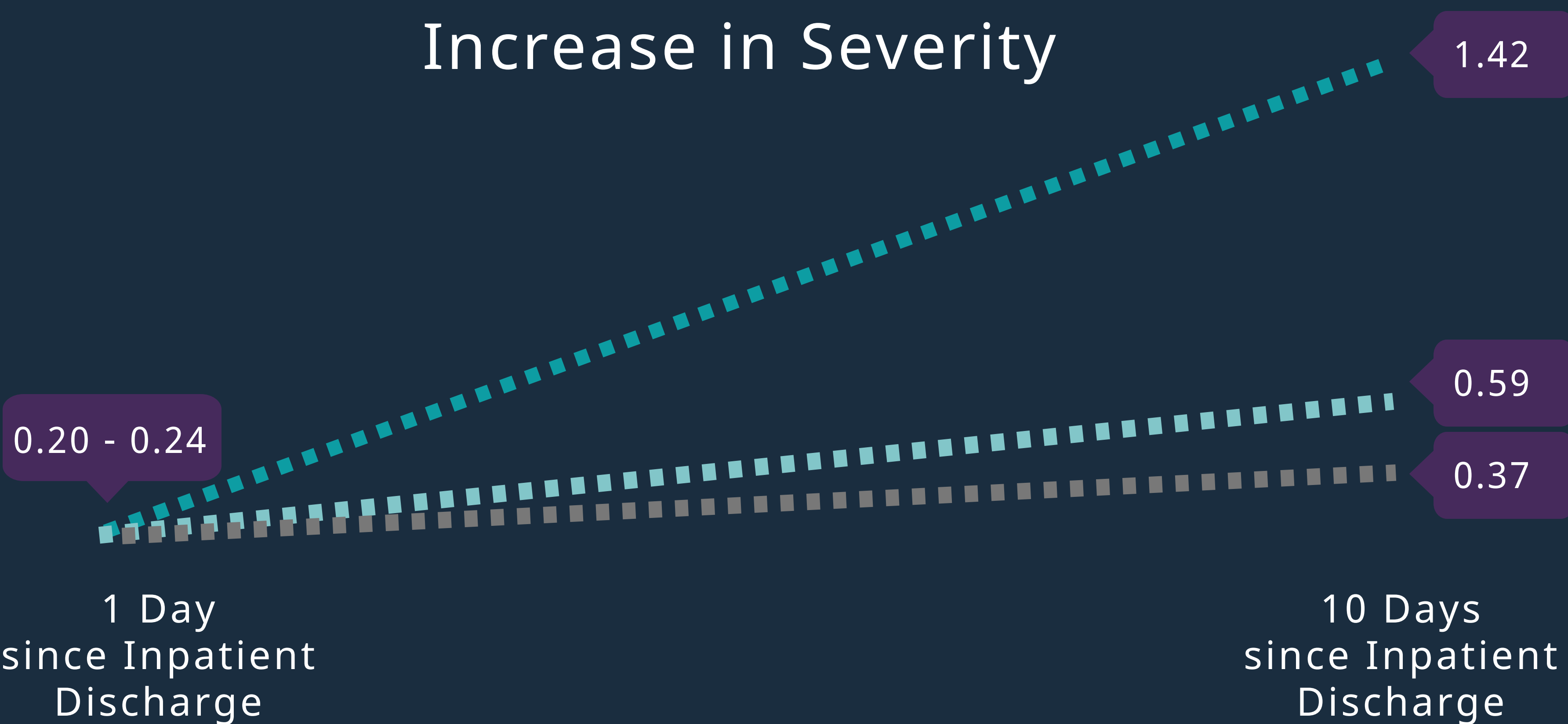
.....IP-PHP-IOP Path

.....IP-PHP Path

.....IP-IOP Path

## Shorter Time Means Shorter Climb

Increase in Severity



Outpatient admission severity increases the longer it takes for a patient to make that first step.

Step-down paths help patients maintain gains made in Inpatient care.

Step-down helps patients transition between the structured Inpatient environment and the real world.

There is a step-down "bounce" - patients experience an increase in severity between Inpatient discharge and Outpatient admission.

Encourage patients to participate in step-down soon, to help them transition.

\*The BASIS-32 is scored on a scale of 0 to 4, where higher scores indicate greater severity. BASIS-32 change scores range from -4 to 4, where positive scores indicate improvement, and higher positive scores indicate greater improvement.