



# MARCH IS TRAUMATIC BRAIN INJURY AWARENESS MONTH

## TRAUMATIC BRAIN INJURY (TBI):

External force causing damage to the brain, such as in a fall or motor accident.



TBI impacts millions of Americans annually and long term\*



Up to half of persons with TBI later have a mental health diagnosis\*

## MHO CLIENT TBI DATA

**1 in 100** Inpatients of all ages has a diagnosed history of TBI

*TBI Inpatients differ from Non-TBI Inpatients*

### Predominately Male



### Longer Length of Stay



### Different Primary Diagnoses



## HOW TO HELP TBI PATIENTS



Awareness of trauma history can help identify current or previous TBI.



Treatment may include ancillary services like speech or physical therapy.



Increased verbal and visual cues from all staff involved in care may enhance interactions.

\*Sources: BIAUSA.org Fact Sheet (2021). <https://www.biausa.org/wp-content/uploads/MTMBI-Fact-Sheet-2021-Revised.pdf>  
Swarzbold et al., 2008 - Psychiatric disorders and traumatic brain injury. *Neuropsychiatric Disease and Treatment*. 4(4) 797-816.