

WHO'S TAKING THAT NEXT STEP?

7% MENTAL
HEALTH
&
16% SUBSTANCE
USE

Inpatients step down

**MENTAL
HEALTH
INPATIENTS**

MORE LIKELY

to step down when
they improve* during
their inpatient stay.

SUBSTANCE USE INPATIENTS
step down **REGARDLESS** of improvement.*

*BASIS-32 : The Behavior and Symptom Identification Scale is a self-report measure of a patient's functioning. BASIS-32 © McLean Hospital, Used by licensee with permission from McLean Hospital.

Public knowledge and support exists for the substance use patient's long term treatment journey in maintaining their recovery. The same may not be true for patients struggling with mental health disorders. Introduce the step down process and its purpose early in treatment, and help patients to plan for their step down throughout their stay.

