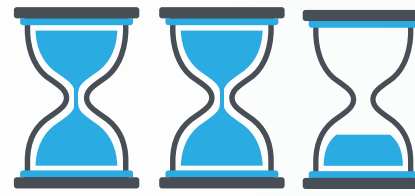


# PREVENTING SECLUSIONS: ADMISSION PREDICTORS

Less than 1% of adult inpatients experience a seclusion event, but for those patients, it can be a significant and disruptive event.



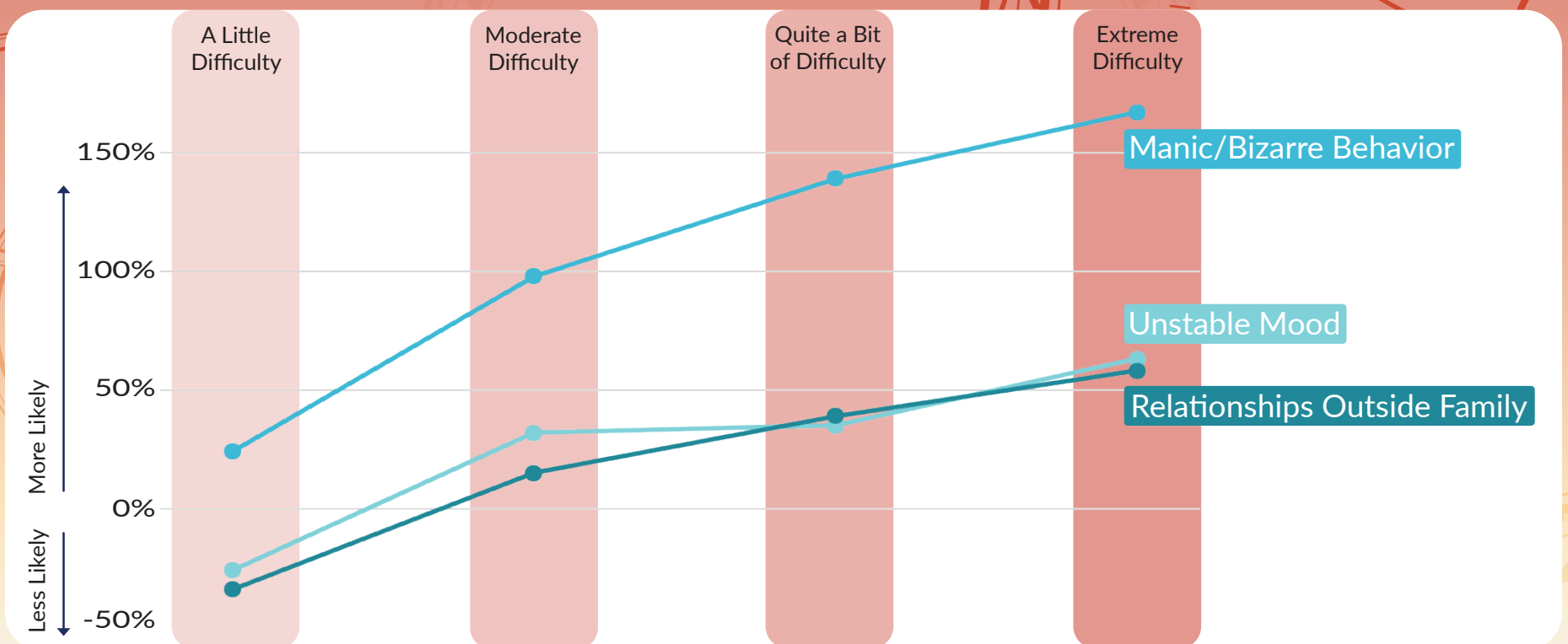
Average Impacted Patient's  
Total Time in Seclusion



**131**  
minutes

Patients experiencing difficulty in certain areas\* are more likely to experience a seclusion event than those who do not have difficulty, and that likelihood increases as patients experience more difficulty.

## Likelihood for Seclusion vs. "No Difficulty"



## Preventing Seclusions: Core Strategies for Your Patient Care Role\*\*

### Leadership



Uphold patient dignity & reduce reliance on restrictive interventions



Collect & report data for accountability; track efficacy of policy changes



Regular training on prevention & de-escalation techniques

### Patient Care Staff



Assess patient risks & develop safety plans with patient input



Include family & patient advocates throughout treatment



Debrief after events with patient, address what led to incident (& how to prevent in future)

\*As measured by the Behavior and Symptom Identification Scale (BASIS-32™)

\*\*Source: <https://www.nasmhpd.org/sites/default/files/Consolidated%20Six%20Core%20Strategies%20Document.pdf>