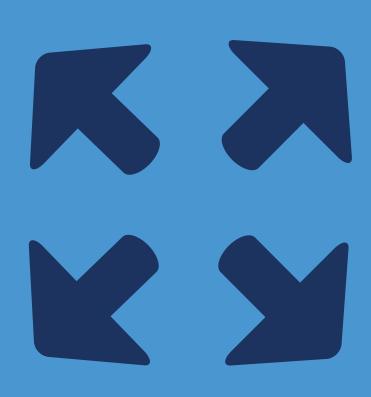
# What behavioral problems are residential youth self-reporting?

Examining self-reported behavioral problems by domains.





### EXTERNALIZING

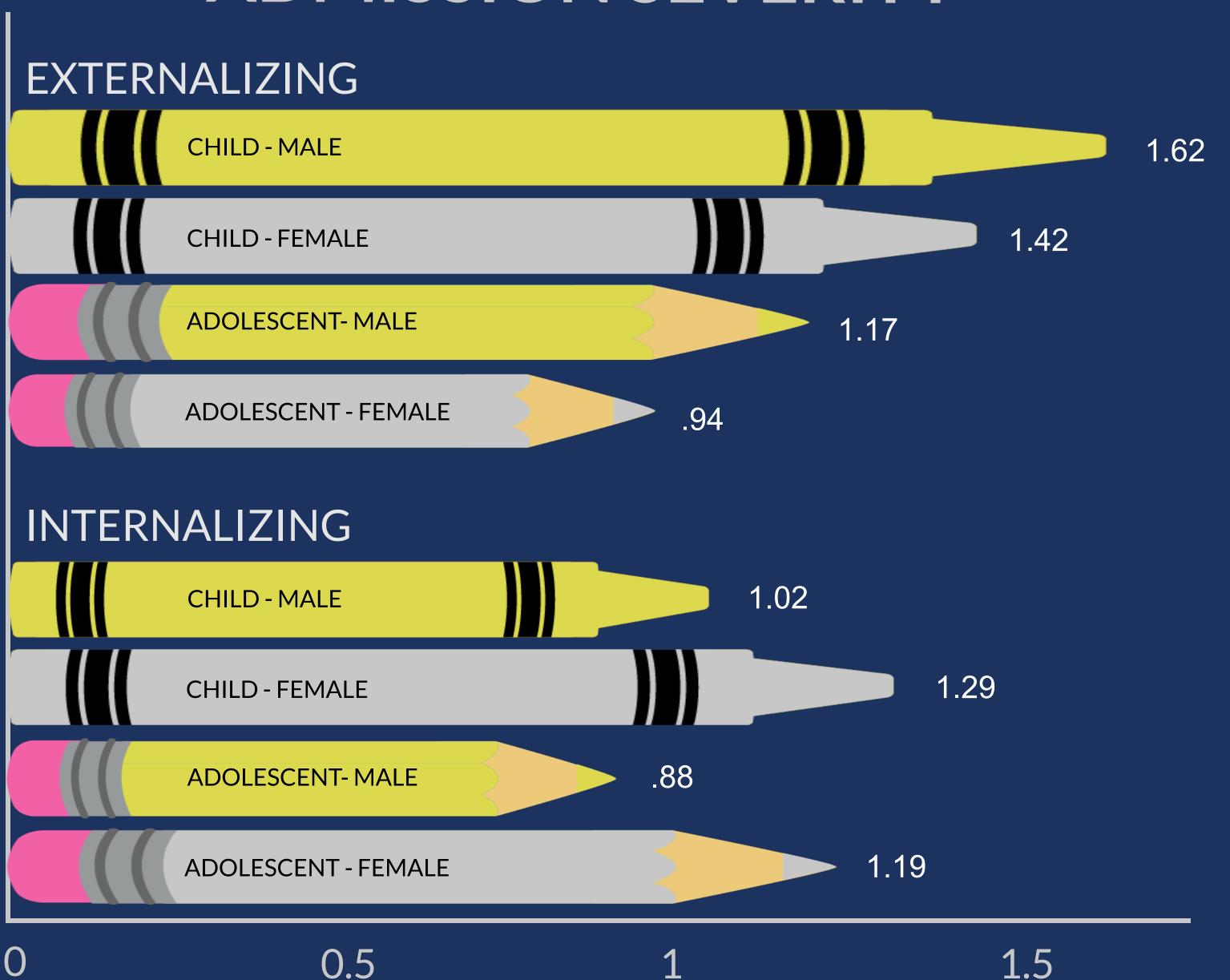
Behaviors exhibited outwards that may harm others



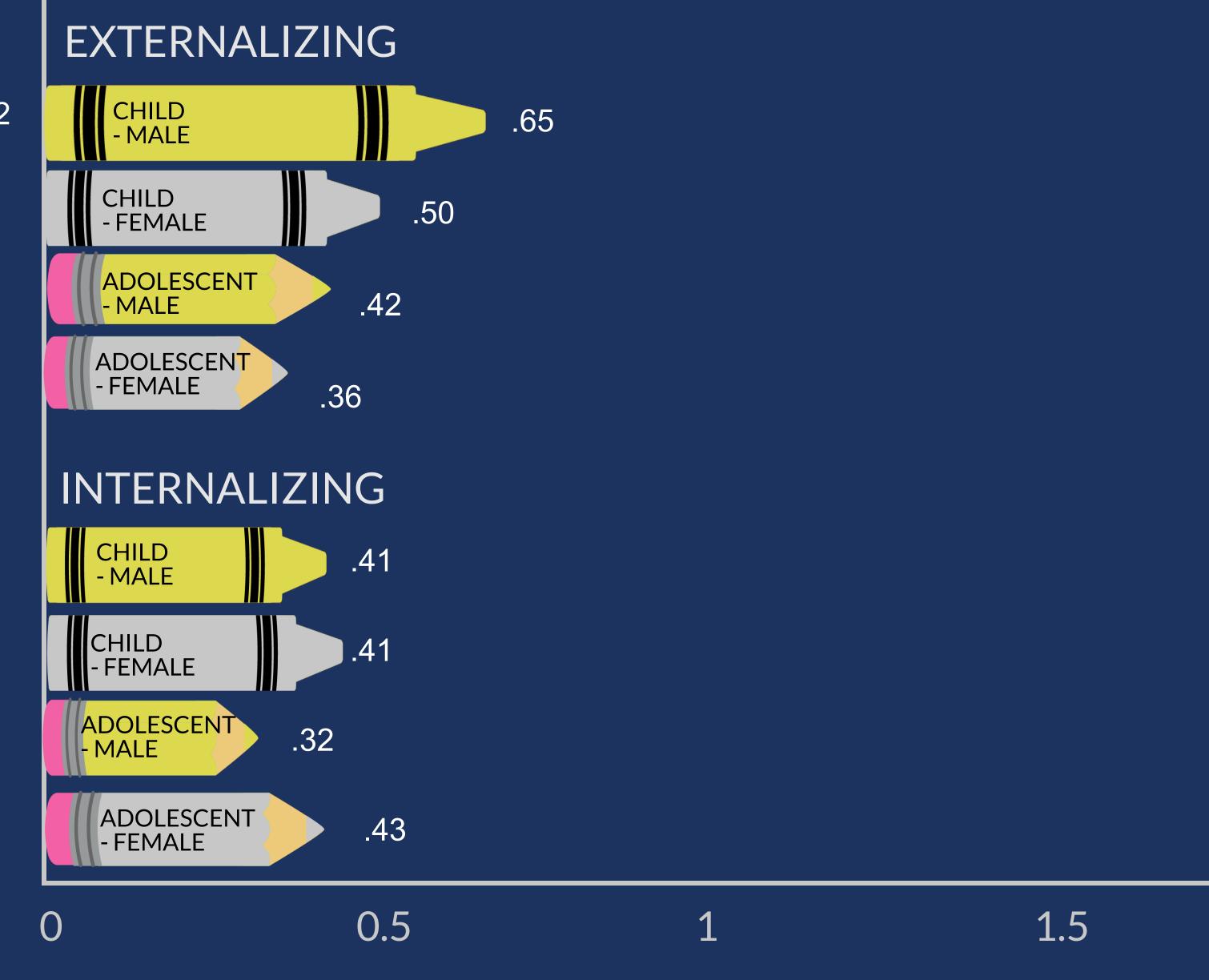
# INTERNALIZING

Behavior/problems exhibited towards themselves

## ADMISSION SEVERITY\*



#### DISCHARGE SEVERITY\*





At admission, children are more severe than adolescents in both domains.



All groups discharge with similar internalizing severity.



Only adolescent females report higher severity in the internalizing domain vs. externalizing.



All groups report the most improvement in the externalizing domain.

Although self-reported admission severity varies based on age and sex, RTC youth are capable of achieving measurable improvement in both internalizing and externalizing behaviors during their stay.

Assessing symptoms at admission helps to inform clinicians when developing individualized treatment planning, a practice that supports the goal of achieving the best outcomes for every patient.

\*CABA-Y: Child and Adolescent Behavior Assessment - Youth; scale of 0-3, higher scores indicate greater severity



#### ANALYSIS BY JESSICA KOSINE

For an opportunity to see your topic discussed here, email your questions to Jessica.Ingram@horizonhealth.com